

# Sexual Health Services for Young People in Rochdale

## Schools

- Age appropriate educational offer through PHSE lessons
- Low-level advice and support around sexual relationships

## School Nursing - Ages: 5-19

To find the right school nursing team for your school phone **0161 206 7847**

- Access to STI Testing Kits, Condoms, Pregnancy Tests, Emergency Contraception
- 1:1 and group sessions providing sexual health advice, support & signposting

## Youth Service - Ages: 11-19

To request support please email [youth.service@rochdale.gov.uk](mailto:youth.service@rochdale.gov.uk)

- Access to STI Testing Kits and Condoms
- 1:1 and group sessions providing sexual health advice, support & signposting

## HCRG (Specialist Sexual Health Service) - Ages: 13+

Referral via phone: **01706 676474** or via their [website](#)

- Free and confidential clinic appointments providing access to STI screening, diagnosis & treatment and all reproductive health needs (contraception, pregnancy, termination). This includes a designated clinic for young people on Monday afternoons at Nye Bevan.
- 6 week 1:1 offer for young people with higher level needs for sexual health advice, education and support.

## Online, Postal & Text Message

- Young people aged 13- 18 can access free & confidential sexual health advice via a text message service on: **01706 202444**
- Young people aged 16+ can access postal STI testing kits (if symptom free), postal condoms, pregnancy tests and emergency contraception via [HCRG's website](#)

## Specialist Support - Additional Services

### Early Break - Age up to 19

(or 21 if already working with Early Break & have additional needs. Transition pathway to adult treatment in place and supported as needed.)

- Work with young people and families who want to address their drug and alcohol related needs.
- Within the service, young people can access condoms, support attending clinic appointments, and advice & education around healthy relationships, consent and safe sexual practice.
- Referral via website [Referrals - Early Break - Early Break](#) and general enquiries via email [info@earlybreak.co.uk](mailto:info@earlybreak.co.uk)

### Sunrise Team - Age up to 18

- Work with young people at risk of sexual exploitation, criminal exploitation and modern slavery.
- Within the service, young people receive a health assessment and can access STI screening kits, condoms, pregnancy tests, support attending appointments and education around healthy relationships, consent and safe sexual practice.
- If you are concerned that a child / young person is being exploited report it to 101 or contact EHASH via [ehash@rochdale.gov.uk](mailto:ehash@rochdale.gov.uk). If someone is in immediate danger call 999.

### Youth Justice - Age 10+

- Work with children and young people in contact with the criminal justice system.
- Within the service, young people can see a nurse and access condoms, STI testing, support accessing clinic appointments, support through pregnancy and termination, and general sexual health advice.
- Referral via email [jenna.harrison2@rochdale.gov.uk](mailto:jenna.harrison2@rochdale.gov.uk)

### HCRG - Age 13-19

(& up to 25 for SEND and children in care)

Within their service HCRG also offer

- Outreach support to vulnerable young people, including care leavers.
- A designated educational worker to Redwood Secondary School.
- Referral via phone: **01706 202444** or [website](#)