

Resource pack for sharing
learning and improving practice

PROFESSIONAL CURIOSITY

Taking a professionally curious and respectfully uncertain approach will make you better placed to take appropriate and positive action to protect someone's safety and welfare. It will help you develop a better understanding of someone's situation and take account of their personal circumstances and vulnerabilities when assessing your concerns.

RBSAB

ROCHDALE BOROUGH
SAFEGUARDING ADULTS BOARD

RBSCP

ROCHDALE BOROUGH
SAFEGUARDING CHILDREN PARTNERSHIP



This resource pack aims to raise awareness about the topics we want to embed into practice.

The expectation is that you will share this resource pack widely and use it:

- in team meetings
- as part of group/individual supervision
- for own development

You can look at it as a whole or dip in or out of it at your convenience. Use the icons below to navigate through



WHAT is professional curiosity?

Professional curiosity is a combination of looking, listening, asking direct questions, checking out and reflecting on information received. It means:

- testing out your professional hypothesis and not making assumptions
- triangulating information from different sources to gain a better understanding of individuals and family functioning
- getting an understanding of individuals' and families' past history which in turn, may help you think about what may happen in the future
- obtaining multiple sources of information and not accepting a single set of details you are given at face value
- having an awareness of your own personal bias and how that affects how you see those you are working with
- being respectfully nosey

Why is it important?

A lack of professional curiosity can lead to:

- missed opportunities to identify less obvious indicators of vulnerability or significant harm,
- assumptions made in assessments of needs and risk which are incorrect and lead to wrong intervention for individuals and families

[Additional resource – Research in Practice - The importance of Professional Curiosity in Safeguarding Adults](#)

TOP TIPS



LOOK

LISTEN

ASK

CHECK OUT



TOP TIPS - Remember to...



TOP TIPS



LOOK

- Is there anything about what you see when you meet with this child/adult/family which prompts questions or makes you feel uneasy?
- Are you observing any behaviour which is indicative of abuse or neglect?
- Does what you see support or contradict what you're being told?

TOP TIPS



LISTEN

- Are you being told anything which needs further clarification?
- Are you concerned about what you hear family members say to each other?
- Is someone in this family trying to tell you something but is finding it difficult to express themselves? If so, how can you help them to do so?

TOP TIPS



ASK

- Are there direct questions you could ask when you meet this child/adult/family which will provide more information about the vulnerability of individual family members?
- Here are some examples
 - How do you spend a typical day?
 - Who do you live with?
 - When were you last happy?
 - What do you look forward to?
 - How did you get that injury?
 - Who is this with you?
 - When do you feel safe?
 - Why are you not at school?

TOP TIPS



CHECK OUT

- Are other professionals involved?
- Have other professionals seen the same as you?
- Are professionals being told the same or different things?
- Are others concerned? If so, what action has been taken so far and is there anything else which should or could be done by you or anyone else?

TOP TIPS - Remember to:



- Question your own assumptions about how individuals/families function and watch out for over optimism
- Recognise your own feelings (for example tiredness, feeling rushed or illness) and how this might impact on your view of a child/adult/family on a given day
- Think about why someone may not be telling you the whole truth
- Demonstrate a willingness to have challenging conversations
- Address any professional anxiety about how hostile or resistant individual/families might react to being asked direct or difficult questions
- Remain open minded and expect the unexpected
- Appreciate that respectful scepticism/nosiness and challenge are healthy. It is good practice and ok to question what you are told
- Recognise when individuals/adult repeatedly do not do what they said they would and named this and discuss with them
- Understand the cumulative impact of multiple or combined risk factors, e.g. domestic abuse, drug/alcohol misuse, mental health)
- Ensure that your practice is reflective and that you have access to good quality supervision

WATCH/LISTEN to these films



Bite-size video guide on professional curiosity

Professional Curiosity

- Having an interest, not making an assumption
- Engage through conversation, visits, observations, questions
- Enquire about significant people

Click here for the Professional Curiosity video



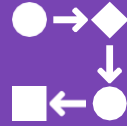
Re-thinking did not attend



USE these Rochdale safeguarding resources



A guide to
THRESHOLDS for
CHILDREN



Resource for
CHILD NEGLECT



Guidance for
SAFEGUARDING
ADOLESCENTS



**Browse the
Rochdale
Safeguarding
Board/
Partnership
web pages**

A guide to
THRESHOLDS for
ADULTS

Guidance on
MENTAL
CAPACITY

Guidance for
SELF-NEGLECT

ACT OUT or DISCUSS scenarios



You are about to get 4 scenarios
Choose how you use them

Discuss **A**

Discuss **B**

Discuss **C**

Discuss **D**



OR



ACT OUT: instructions



1.

- Divide in to pairs or a three
- One of you will be the 'named person'
- The other(s) the 'professional(s)'
- Professional(s), next slide - look away

2.

Professional(s)

You will ask questions to find out more about the named person

Named person (Alex, Bilal, Cal, Dina)

- You have limited background information
- Use your imagination and do ad lib so as to suitably test your colleague(s)

3. In your pair/three:

Discuss the scenario afterwards. Were the right questions asked? Swap over for the next scenario

Act out **A**

Act out **B**

Act out **C**

Act out **D**

ACT OUT this scenario – what questions would you ask?



Alex aged 46 and lives alone

- In Alex's mid-30s, serious health issues resulted in them becoming a wheelchair user, with limited mobility. Alex now has a range of more acute health concerns: muscular spasms, physical impairments and intermittent speech loss
- Home is a ground floor one bedroom flat which is very cluttered, not wheelchair friendly and in need of major repairs. Alex likes the flat to be 'cosy', with a preference for living in darkness
- Alex is well known to health and social care professionals. Capacity assessments concluded that they do have mental capacity
- Alex often cancels medical appointments or does not turn up and the last professional that visited the home noticed that medication was stacked up unopened in the kitchen
- On a recent admission to hospital following a urine infection, health professionals noticed that Alex was unkempt, underweight and dehydrated
- Alex has become isolated from groups of friends and family
- Alex has recently lost a lot of weight and is known to self-medicates with alcohol
- Alex has started to refuse anyone entry to the home including utility services

ACT OUT this scenario – what questions would you ask?



Bilal aged 15 and lives with his mother, elderly grandparents and 4 younger siblings

- Home is a compact four bedroomed house in an area of social deprivation
- Bilal shares a room with two younger brothers (twins aged 7) but is often missing from home. This is not always reported by his mother
- Although he has no criminal record, Bilal is known to the Police who say that he is a nuisance
- School says he is regularly absent. When he does attend, he is late and disruptive in lessons. Bilal never has his PE kit and he goes missing at lunch times. The only time he does seem to engage is at events where lunch is provided. Teachers have noticed that Bilal often looks somewhat dishevelled
- Bilal's mum says she is fed up of the shame her oldest son has brought to the family and that he is good for nothing
- A local youth group have banned Bilal from their activities following an incident where he came into the youth club seemingly drunk, disrupted the activities and was suspected to have stolen a coat on his way out.
- Bilal appears to have a constant cold and a deep, hacking cough but his GP has not seen him since he was 11 years old.

ACT OUT this scenario – what questions would you ask?



Cox family Mum (Cal) aged 38, Dad (Chris) aged 36, Ella aged 6 and Oli aged 2

- Home is a spacious two bedroomed flat that is always immaculate
- Mum has physical and mental health needs. Dad is her main carer and works full time
- Health visitor reports that on the last two visits, she saw Oli and Ella with Dad who explained that Mum was in bed unwell. Healthwise, all seemed well with both children although Ella seemed a little on edge on both occasions
- Ella has mentioned to her teachers that Mum and Dad sometimes argue at home and she worries about this
- There have been multiple occasions when Ella and Oli have not been brought to health appointments
- Mum has missed many of her health appointments, some of which have been cancelled by Dad
- Mum puts herself down quite a lot. Since losing her mother whom she was very close to about 5 years ago, she says that she has lost contact with family and friends and often feels isolated
- Mum has mentioned that Dad likes things at home to be neat and orderly. She states that he earns the money for the family and creatively manages the budgets e.g. by keeping food locked away - she says she likes to snack and often gets carried away. She says that she is very lucky to have him and that he sometimes reminds her that she would probably not cope without him around

ACT OUT this scenario – what questions would you ask?



Dina aged 4 and lives at home with Mum, Uncle and two older brothers aged 10 and 15.

- Home is a three bedroom flat. Dina sleeps in Mum's room, her brothers share and Uncle sleeps in the box room. This was previously Dina's room
- Dina's father left the family home about a year ago and was physically abusive to Mum and Dina's brothers. Dina often witnessed this
- Dina was very close to her dad and has expressed that she misses him
- Mum works long hours so as to financially support the family
- Mum has a good support network and her brother (Uncle) moved in about 6 months ago. He needed somewhere to live after his relationship broke down and he was able to help Mum with childcare while Mum is working. Dina's two brother were previously helping with this
- School recently noticed bruising around Dina's thigh when she was changing for P.E. When questioned about it she went very quiet and tried to cover it up
- During play time recently, Dina was found touching another girl's genital area and staff overheard her making sexual references

Act out **A**

Act out **B**

Act out **C**

DISCUSS this scenario – what questions would you ask?



Alex aged 46 and lives alone

In Alex's mid-30s, serious health issues resulted in them becoming a wheelchair user, with limited mobility. Alex now has a range of more acute health concerns: muscular spasms, physical impairments and intermittent speech loss

Home is a ground floor one bedroom flat which is very cluttered, not wheelchair friendly and in need of major repairs. Alex likes the flat to be 'cosy', with a preference for living in darkness

Alex is well known to health and social care professionals. Capacity assessments concluded that they do have mental capacity

Alex often cancels medical appointments or does not turn up and the last professional that visited the home noticed that medication was stacked up unopened in the kitchen

On a recent admission to hospital following a urine infection, health professionals noticed that Alex was unkempt, underweight and dehydrated

Alex has become isolated from groups of friends and family

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Alex has started to refuse anyone entry to the home including utility services

DISCUSS this scenario – what questions would you ask?



Bilal aged 15 and lives with his mother, elderly grandparents and 4 younger siblings

Home is a compact four bedroomed house in an area of social deprivation

Bilal shares a room with two younger brothers (twins aged 7) but is often missing from home. This is not always reported by his mother

Although he has no criminal record, Bilal is known to the Police who say that he is a nuisance

School says he is regularly absent. When he does attend, he is late and disruptive in lessons. Bilal never has his PE kit and he goes missing at lunch times. The only time he does seem to engage is at events where lunch is provided. Teachers have noticed that Bilal often looks somewhat dishevelled

Bilal's mum says she is fed up of the shame her oldest son has brought to the family and that he is good for nothing

A local youth group have banned Bilal from their activities following an incident where he came into the youth club seemingly drunk, disrupted the activities and was suspected to have stolen a coat on his way out.

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DISCUSS this scenario – what questions would you ask?



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Home is a spacious two bedroomed flat that is always immaculate

Mum has physical and mental health needs. Dad is her main carer and works full time

Health visitor reports that on the last two visits, she saw Oli and Ella with Dad who explained that Mum was in bed unwell. Healthwise, all seemed well with both children although Ella seemed a little on edge on both occasions

Ella has mentioned to her teachers that Mum and Dad sometimes argue at home and she worries about this

There have been multiple occasions when Ella and Oli have not been brought to health appointments

Mum has missed many of her health appointments, some of which have been cancelled by Dad

Mum puts herself down quite a lot. Since losing her mother whom she was very close to about 5 years ago, she says that she has lost contact with family and friends and often feels isolated

Mum has mentioned that Dad likes things at home to be neat and orderly. She states that he earns the money for the family and creatively manages the budgets e.g. by keeping food locked away - she says she likes to snack and often gets carried away. She says that she is very lucky to have him and that he sometimes reminds her that she would probably not cope without him around

Discuss A

Discuss B

Discuss D

DISCUSS this scenario – what questions would you ask?



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Discuss **A**

Discuss **B**

Discuss **C**

ACTIONS for you to take



Have you viewed/used all the slides in this resource?



What is professional curiosity?



Top tips



Watch/listen to films



Scenarios: act out or discuss



RBSB resources



Home

Attend one of our training courses or events



All our courses are free of charge and are open to anyone who works or volunteers in the Rochdale borough

Send in your comments and photos of you using this resource and tell us what you liked about it



Email

rbsb.admin@rochdale.gov.uk

Are you on our distribution list?

Let us know if you want to be added

Are you professionally curious?



We want to hear about your experiences of using your professional curiosity to support the adults, children and families that you work with.

Complete a very short survey – less than two minutes!

