

## Safeguarding Adults in Rochdale



Safeguarding is about making people aware of their rights, protecting them and making sure abuse does not happen.

Some adults are less able to protect themselves than others as they are at risk because of their age, illness, a disability or a mental health difficulty.

The Rochdale Borough Safeguarding Adults Board includes organisations such as the council, the police, health trusts and other organisations working in Rochdale.

We work together to share information to try to keep adults safe from abuse.

### What is abuse?

Abuse is when someone does or says something to you that makes you upset or frightened. Abuse happens in lots of different ways.





## Physical abuse

This could be someone hitting, kicking or burning you.



## Sexual abuse

This is when someone touches your body or does things to you that you do not like or do not want to do.



## Emotional abuse

When someone bullies or threatens you or when they won't listen to you or believe what you say.



## Financial abuse

When someone takes your money or won't let you have a say in how you spend it.

## Neglect

When someone is supposed to help you but they don't.

## Discrimination

When people say bad things to you, or treat you unfairly because you are different from them.

This could be because you are:

- a different colour
- have a different religion
- have a disability
- are attracted to people of the same sex as you
- look different, or
- speak a different language.



# Important Contact Details

If you need to report a crime and you or someone else is in danger, ring the police on

**999**



If it's not an emergency you can ring the police on  
**101**



To report a concern ring Rochdale Adult Care on  
**0300 303 8886**

If it is between 4.45pm and 8.30am, or at weekends or bank holidays, ring

**0300 303 8875**

Adult Care Services  
Number One Riverside  
Smith Street  
Rochdale, OL16 1XU

