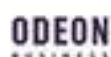




**‘Just
Someone
I Know’**

**Resource
Pack**



'Just Someone I Know' Resource Pack

'Just Someone I Know' is a preventative resource pack designed for use with young people aged 12 years and above through structured learning sessions embedded in the PSHE curriculum. It aims to help prevent child sexual exploitation by educating young people about risk taking behaviour and how to stay safe. It was produced by students from Kingsway Park High School and the M6 Theatre Group with input from a range of partners including the Children Missing Education Team and the Sunrise Team.

The learning is based around an 8 minute film which helps young people avoid sexual exploitation. It educates young people to identify features of an exploitative relationship. It also offers opportunities to discuss peer influence and good and bad relationships.

Practitioners working with young people can gain access to 'Just Someone I know' from the Rochdale Safeguarding board website for free. <https://www.rbscb.org>

Important:

As a film tackling sensitive issues, the film should never be presented to young people as a stand-alone film without discussion or activities that will help them to understand and learn for it. For the same reason, the film should not be shown to large audiences e.g. in assemblies.

Before using the resource you must:

- *Familiarise yourself with the legal definition and background information in CSE (Child Sexual Exploitation) and CME (Children Missing Education)*
- *Ensure that you are following your organisations policies and procedures for safeguarding and delivering sex and relationships education.*
- *Ensure that your designated safeguarding lead is aware that you are delivering this resource.*

Children Missing Education

All children, regardless of their circumstances, are entitled to an efficient, full time education which is suitable to their age, ability, aptitude and any special educational needs they may have.

There are many circumstances where a child may become missing from education so it is vital that agencies work together to keep children safe.

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/592101/Working_Together_to_Safeguard_Children_20170213.pdf

The Children Missing Education guidance highlights that children and young people are at particular risk of becoming victim to other forms of neglect and abuse.

Missing children and runaways – Children who go missing or run away from home or care may be in serious danger and are vulnerable to crime, sexual exploitation or abduction as well as missing education.

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/550416/Children_Missing_Education_-_statutory_guidance.pdf

CSE & Grooming

What is CSE?

The government issued the following definition for CSE in 2017.

“CSE is a form of child sexual abuse. It occurs where an individual or group takes advantage of an imbalance of power to coerce, manipulate or deceive a child or young person under the age of 18 into sexual activity (a) in exchange for something the victim needs or wants, and/or (b) the financial advantage or increased status of the perpetrator or facilitator. The victim may have been sexually exploited even if the sexual activity appears consensual. CSE does not always involve physical contact; it can also occur through the use of technology.”

7 minute briefing from the RBSCB website on CSE –

<https://www.rbscb.org/UserFiles/Docs/7%20Minute%20briefing/7%20MB%20CSE.pdf>

CSE & the law – *Please note that this section does not constitute legal advice*

Across the UK, it is illegal to:

- Sexually touch or penetrate a person of any age without their consent.
- Knowingly engage in sexual activity with a child under the age of 16.
- Engage in sexual activity with a child under 18 when in a position of trust in relation to that child (e.g. as a teacher).
- Meet a child under 16 following sexual grooming.
- Arrange or facilitate a child sexual offence with a child under 16.
- Make, possess, distribute or advertise child sexual abuse images.
- Pay for, or arrange/facilitate payment for, the sexual services of a child under 18.
- Engage in sexual activity in front of a child under 16, or cause them to watch a sexual act.
- Cause a child under 16 to engage in sexual activity.

Grooming is when someone builds an emotional connection with a child to gain their trust for the purposes of sexual abuse, sexual exploitation or trafficking. Children and young people can be **groomed** online or face-to-face, by a stranger or by someone they know - for example a family member, friend or professional.

Managing Disclosure

If a young person shows signs of distress or would like to talk to you about a historical or current concern, you should support the individual by following your safeguarding policy at your school or organisation.

Recommendations include:

- *Ensure that a private space is available should an individual need to talk*
- *Advise the young person that although you respect their privacy, you cannot guarantee confidentiality and that should the child or another child be at risk of significant harm, the relevant authorities must be notified.*
- *Do not ask probing questions, listen and allow the child to describe their concerns*
- *Do not make judgements on what you are told*
- *Inform your safeguarding lead at the earliest opportunity*

Advice to young people – should their friend report a disclosure.

In the film, the story focusses on 2 friends called Tam and Sash. Tam is a victim of CSE and Sash is her best friend who recognises that Tam is being exploited. Evidence tells us that young people frequently disclose sexual exploitation to their peers before they tell anyone else.

It is recommended that the following advice is offered to young people about responding to a disclosure from a friend.

- Don't judge – just listen
- Don't promise to keep secrets – if you think they are in danger, tell them that you need to seek help.
- Tell an adult that you trust about what has happened – this could be your parent/carer, teacher, doctor or youth worker. Tell them that your friend needs help.
- Get support for yourself – it's important for you to get support for what you have been told.
- If you suspect that there is something wrong but your friend is not ready to tell you, let them know that you are there for them. You can find more advice at www.thinkuknow.co.uk

You can report what has happened to:

- Sunrise Team – 0161 856 1734 – sunrise.rochdale@gmp.police.uk
- CEOP – www.thinkuknow.co.uk
- ChildLine – 0800 1111
- Kooth – www.kooth.com